**EMOTIONAL MATURITY AND ADJUSTMENT LEVEL OF FRESH UNDERGRADUATE STUDENTS IN ADKUNLE AJASIN UNIVERSITY, AKUNGBA-AKOKO, ONDO STATE**

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**Abstract**

Adjustment and emotions both play a very important role in human’s life. The study examined the emotional maturity and adjustment level of fresh undergraduates in Adekunle Ajasin University, Akungba Akoko, Ondo State. To guide the study, four research hypotheses were formulated. Descriptive survey research design was adopted for the study. The population of the study consisted of all fresh undergraduate students admitted in 2020/2021 session. The sample for the study consisted of 200 fresh undergraduate admitted in 2020/2021 session. A self-developed questionnaire titled Emotional Maturity and Adjustment level Questionnaire (EMALQ) was used to collect data from the respondents. The hypotheses were tested at 0.05 level of significance using t-test. The findings revealed that there is a significant difference between emotional maturity and adjustment level of fresh undergraduate students in Adekunle Ajasin University Akungba. It also revealed that there is no significant difference between emotional maturity and adjustment level of fresh undergraduate students based on gender. It further revealed that there is a significant difference between emotional maturity and adjustment level of fresh undergraduate students based on age. The finding finally showed that there is significant difference between emotional maturity and adjustment level of fresh undergraduate students based on environment. The findings concluded that emotional maturity and level of adjustment level of fresh undergraduate students differs. It was therefore recommended among others that Orientation should be conducted for fresh undergraduates and be guided how to manage their emotions and adjust well in the university environment, Government should enforce the age limit to enter into the university, which will help to increase the level of emotional maturity and adjustment level of fresh students.

**Keywords**: Emotional, maturity, adjustment, level, fresh, undergraduates.